CAMBRIDGE UNIVERSITY RAMBLING CLUB

Lent Term 2010

Welcome back to the Rambling Club! We invite you to leave the city for a few hours this term, and enjoy the surrounding countryside with us. The pace of our walks is generally easy, as our main aim is to relax and appreciate the local scenery and villages, and we have tried to provide a mixture of walks of different lengths. We sometimes stop at a village pub en route, but you should bring a packed lunch and a drink anyway. Strong boots and waterproof clothing are also recommended. Your only expense is the bus or train fare (given below), plus our £1 annual membership fee. There is no need to sign up in advance to join any of this term's walks (except for the Norfolk Madness and the March March March) – just turn up at the time and place given. Our meeting points are:

Bus/Coach: At the corner of Drummer Street and Emmanuel Street.

Train: In the main hall of Cambridge Railway Station.

We also hold weekly pub meets at 8pm on Fridays at The Elm Tree (corner of Prospect Row and Eden Street, near the Grafton Centre). This is a good way to meet fellow walking enthusiasts, and everyone is welcome, whether you have been on a ramble or not! The first pub meet this term will be on Friday 15th January.

We will also be organising a formal hall at Peterhouse (in addition to our normal termly meal out) during the mid-term blues; details will be announced nearer the time and the registration opened on one of the weekend walks.

"Walking the Fleam Dyke" Saturday 16th January: Linton to Fulbourn (16 km / 10 miles) Contact: David

Today we'll be exploring the Anglo-Saxon defensive earthwork of Fleam Dyke. This impressive bank, up to 8 m high and with a deep ditch in front of it, runs for about 5 km from the woodland on the hills near Balsham down to the flatter land by Fulbourn, taking in the bronze-age burial barrow at Mutlow Hill. Our ramble begins from Linton, where we first scale Rivey Hill (all 112 m of it) and then pass Chilford Hall vineyard on our way to Balsham. From here we pick up the path that takes us along the entire length of Fleam Dyke to the nature reserve at Fulbourn, where we'll catch the bus home.

Meet: 09:45 at the bus station for the 10:00 bus to Linton

Return: 15:45 bus from Fulbourn, arriving back in Cambridge at 16:35

Cost: £5 for the bus fare [DayRiderPlus ticket]

Sunday 17th January: "Views to Eel Island' Waterbeach to Elv (19 km / 12 miles) Contact: Helen

A pleasant stroll along the Rivers Cam and Ouse to the City of Ely, which was an island until the Fens were drained in the 17th Century. This is a great walk for a cold January day, with views across the Fens to Ely Cathedral for much of the walk, and the possibility of visiting one of Ely's many Tea Shops when we get there!

Meet: 9:45 at the train station for the 10:05 train to Waterbeach Return: 16:14 train from Ely, arriving back in Cambridge at 16:32

Cost: £4, or £2.65 with a railcard [Return to Ely]

Saturday 23rd January:

(No ramble)

Sunday 24th January: "Exploring the Hills of Audley End" Great Chesterford to Newport (15 km / 9 miles)

Contact: Mary Jeddere-Fisher

We leave Great Chesterford on the Icknield Way Path and head over some hills towards Strethall and Littlebury Green. We then descend into Audley End, where we may have time to visit the miniature railway. Finally we walk over one more hill on the Beechy Ride path before entering Newport along the Debden Water.

Meet: 09:40 at the train station for the 09:51 train to Great Chesterford Return: 16:55 train from Newport, arriving back in Cambridge at 17:19

Cost: £6, or £3.95 with a railcard [Return to Newport]

Saturday 30th January: "Chiltern Nature Reserves" Great Offley to Stopsley (26 km / 16 miles) Contact: Matthew

This walk offers a tour of the Chiltern Hills in southern Bedfordshire, close to the route of the Varsity March. From Great Offley, we head north to the Pegsdon Hills Nature Reserve, and descend a chalk escarpment to Pegsdon village. Moving west, we follow the Chiltern escarpment through Barton Hills, Barton-le-Clay, and Sharpenhoe Clappers. Returning south, we pass the summits of Galley Hill and Warden Hill (195m) on the edge of Luton, finishing on the main Luton-Hitchin road at Stopsley.

Meet: 08:40 at the train station for the 08:55 train to Hitchin.

Return: 17:03 bus from Stopsley, then 17:47 train from Hitchin, arriving

back in Cambridge at 18:27

Cost: £10.90, or £7.20 with a railcard [Return to Hitchin+BUS (this is a PLUSBUS ticket). This fare covers all except a one-mile section of the return bus journey]

Sunday 31st January:

(No ramble)

Fri 5th - Sun 7th February:

"Norfolk Madness"

Hunstanton to Cromer (72 km / 45 miles)

The newest of the long distance walks introduced by the club. After staying overnight at Hunstanton, we will be walking the whole length of the Norfolk

Coast Path to Cromer, where we'll hopefully arrive on Sunday morning. In addition to the usual pleasures of walking non-stop for day and night, there will be some variations to spice up things a bit. For instance, we will try to stay as close to the water edge as possible leaving the dull trampled footpath for the leg breaking fun of the cobble beach or the sinking goodness of the dunes. Ideally, adverse weather and freezing winds from the North Sea will be provided. More details will be sent out by email nearer the time, but please contact Ilva (ib275) if you would like more information.

Saturday 6th February:

(No normal ramble - see Norfolk Madness above)

Royston Circular (13 km / 8 miles) **Contact: Mary Flook** Avoiding the temptation to go north to Melbourn(e) we will head south to Therfield passing barrows and tumuli of the Heath and traversing the contours of the Pen Hills on the Kings Ride. We will return to Royston from the architectural delights of Therfield itself (water tower, churches and motte and bailey) on the ever-reliable Icknield Way Path.

Sunday 7th February: "On which we go to the wrong side of the world"

Meet: 09:30 at the train station for the 09:40 train to Royston

Return: 15:00 train from Royston, arriving back in Cambridge at 15:40

Cost: £5, or £3.30 with a railcard [Return to Royston]

Sat 13th February: "Pancake Ramble 2010: Hills, DNA and Pancakes!" Wandlebury to Cambridge (11 km / 7 miles) Contact: Steven

Contrary to popular belief, Cambridge is not quite as flat as a pancake! The Gog Magog Hills lie just south of the city and it is from here that we start our ramble with some good views back over Cambridge. After descending the hill to Great Shelford, we walk along the DNA cycle path (whose green, blue, yellow and red stripes map out the A, C, G and T bases of the BRCA2 gene) to Long Road where you're all very welcome to stop for pancakes at Steven and Victoria's flat. It's then a short walk along Vicar's Brook and the River Cam back to the centre of Cambridge.

Meet: 12:45 at the bus station for the 13:00 bus to Wandlebury

Return: 5pm-ish

Cost: £2.40 for the bus [Single to Wandlebury]

<u>Saturday 20th February:</u> "Back on Safari" Woburn Sands to Stewartby (24 km / 15 miles) Contact: Matthew

This week we return to the Greensand Ridge of southern Bedfordshire, for a sequel to last term's "On Safari" ramble. Our route will take us between two stations on the Marston Vale railway, one of two surviving sections of the former Varsity Line between Cambridge and Oxford. Weaving our way through wooded heathland to the east of Milton Keynes, we head for the grounds of Woburn Safari Park, where we might catch a free glimpse of some exotic fauna. Continuing across hilly woodland, we pass through Ridgmont and Millbrook, finally walking alongside the lakes of Marston Vale Millennium Country Park to the station at Stewartby.

Meet: 07:55 at Parkside coach stop (bay 16) for the 08:10 coach to Bedford. This is the Stagecoach X5 coach towards Oxford. Note that this coach stop is located on the side of Parkers Piece, near the police station, and NOT in the main Drummer Street bus station.

Return: 17:15 train from Stewartby to Bedford, then 17:45 coach to Cambridge, arriving back at 18:55.

Cost: Coach fare £6.70 for students (bring ID), otherwise £8.90 [Return from Cambridge to Bedford]. Rail fare £2.90 for railcard holders, otherwise £4.40 [Return from Bedford to Woburn Sands]

Sunday 14th February: "In search of halls and moats"
Stowmarket Circular (15 km / 9 miles) Contact: Mary Jeddere-Fisher

Heading out of Stowmarket along the Gipping valley river path we soon come to our first moat which is part of Boyton Hall. Moving on we pass through Great Finborough, skirt around Onehouse Hall and accompanying moat, and proceed through Northfield Wood towards Dagworth Hall. We then return to Stowmarket following the railway.

Meet: 11:00 at the train station for the 11:12 train to Stowmarket **Return:** 17:18 train from Stowmarket, arriving back in Cambridge at 18:24

Cost: £11.80, or £7.80 with a railcard [Return to Stowmarket]

Sunday 21st February: "Exploring Papworth and Croxton Park" Cambourne Circular (20 km / 12.5 miles) Contact: Gillian

Setting off north out of Cambourne we'll take a footpath up to the village of Elsworth and then west to Papworth Everard. We'll then make our way to Croxton Park, home of some beautiful grounds, a manor house and Croxton, St James Church. From here we'll head east back to Cambourne.

Meet: 9:35 at the bus station for the 9:50 bus to Cambourne

Return: 16:39 bus from Camourne, arriving back in Cambridge at 17:07

Cost: £3.30 for the bus fare [DayRider ticket]

Thursday 25th February: "Meal out and AGM"

We're planning to hold this term's meal out at India House (Newnham Road) at approximately 7 pm. We hope you'll be able to join us for some good food and even better company (or so we'd like to think!) If you'd like to come, please let Steven know by email by 21st Feb. The meal will be followed by a short and informal AGM (9 pm at Selwyn College): with all the committee positions up for grabs this is your chance to get involved in the running of the club!

Sat 27 February: "To the Best Known Station in the Rambling Club" Royston to Audley End (20 km / 12 miles) Contact: Geoffrey

From Royston we head to Barley and Great Chishill for some lunch. Here is some of the highest ground in Cambridgeshire. From Great Chishill we pass under the M11 and head into Wendens Ambo. From Wendens Ambo we head to the Rambling Clubs best known station which is called Audley End Station. This walk makes a change from the flat landscape of Cambridge.

Meet: 09:15 at the train station for the 09:28 train to Royston

Return: 17:23 train from Audley End, arriving back in Cambridge at 17:40 **Cost:** £10.40, or £6.85 with a railcard [Single from Cambridge to Royston plus single from Audley End to Cambridge]

Saturday 6th March: "A Trip to the Seaside"

Heacham to King's Lynn (24 km / 15 miles) Contact: Barney

We'll be exploring the Norfolk coast around Hunstanton, which is famous for its stripy cliffs. There are layers of chalk and Carrstone, the local sandstone that is used as a building material throughout the area with a lovely dark brown hue. The whole area is designated an Area of Outstanding Natural Beauty. Completely coincidentally, there is also a dismantled railway running near our intended route.

Meet: 09:20 at the train station for the 09:35 train to King's Lynn, then 10:40 bus to Heacham.

Return: 16:40 train from King's Lynn, arriving back in Cambridge at 17:26 **Cost:** Train £8.50, or £5.60 with a railcard [Return to King's Lynn] plus a small amount for the bus fare [King's Lynn to Heacham].

s your chance to get involved in the running o Sunday 28th February: "Thetford Forest"

Contact: Steven

Brandon Circular (16 km / 10 miles) Contact: Helen

We leave Brandon on the Little Ouse path, following the river as it flows through Thetford Forest to Santon Downham. After stopping for some lunch, we head north, and deeper into the forest, to reach the edge of Grime's Graves Neolithic flint mine. From here, we head westwards towards the village of Weeting to examine the remains of the 12th-century castle before returning to Brandon for the train home.

Meet: 10:30 at the train station for the 10:46 train to Brandon

Return: 16:55 train from Brandon, arriving back in Cambridge at 17:32

Cost: £9.50, or £6.25 with a railcard [Return to Brandon]

Sunday 7th March: "Ruins, Romans, Saints, and Cathedrals" Welywn Garden City to St Albans (16 km / 10.5 miles) Contact: David

Walking west from Welywn Garden City to Lemsford and then through some woods, we join the Hertfordshire Way outside the the village of Sandridge. From Sandridge, we follow the Hertfordshire way around the edges of St Albans to arrive by the ancient Roman remains of Verulamium, seeing Roman mosaics, walls, a hypocaust (heated Roman room with mosaics), one of the few Roman theatres in the country, and possibly the museum. Afterwards, it's up a small hill to the cathedral built to honour St. Alban, the first saint from Britain. Finally we catch the bus to Hatfield for the train home.

Meet: 09:40 at the train station for the 09:55 train to Welwyn Garden City **Return:** 17:25 bus from St Albans, then 17:57 train from Hatfield (changing at Stevenage), arriving back in Cambridge at 18:54

Cost: £9.90 with a railcard, otherwise £15 [Return to Hatfield], plus a small amount for the bus fare. Some of the sites in St Albans also have a small charge if we decide to go into them.

Saturday 13th March: "The 2010 March March March!" March to Cambridge (65 km / 41 miles) Contact: Steven

This is the Rambling Club's unofficial version of a walk of the same name between Cambridge and the town of March that was originally invented by Jonathan Partington in 1979. Completed within a single day (in March), this mammoth expedition offers a unique opportunity to fully experience the vastness and isolation of the fens, the unforgettable dead-straight Old Bedford River and the full length of the Ouse Washes Nature Reserve, as well as the chance to challenge yourself with a walk of a truly impressive scale! Please note that our ramble is different from the official walk, which is taking place this year on 27th March (for more information on the official walk, see their website at http://people.bath.ac.uk/masgks/march.html).

Meet: 06:40 at the train station for the 06:56 train to March

Return: Hopefully(!) arriving back in Cambridge shortly before midnight...

Cost: £8.90, or £5.90 with a railcard [Single to March]

The Rambling Club is brought to you by:

Steven Smith (Selwyn, sgs30@cam.ac.uk, President)
David Klingle (Queens', dak37@cam.ac.uk, Vice President)
Mary Jeddere-Fisher (Churchill, mj329@cam.ac.uk, Treasurer)
Mary Flook (Clare, mf328@cam.ac.uk, Secretary)
Matthew Ford (rambling@mtford.org, Archivist)

Sunday 14th March: "A Slightly Shorter March March" Swavesey Circular (26 km / 16 miles) Contact: Mary Flook

As there are no buses to Swavesey on Sundays, we'll walk there from Bar Hill. This will be a trip round some villages; taking in Swavesey itself, Fen Drayton, Fenstanton, Conington, Boxworth and Lolworth. From the wetness of the Fens to the dryness of the other side of the roman road (otherwise known as the A14) this will be a gentler alternative to the March March March.

Meet: 09:15 at the bus station for the 09:30 Citi5 bus to Bar Hill

Return: 16:50 bus, arriving back in Cambridge at 17:16

Cost: £3.30 [DayRider ticket]

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