

RISK ASSESSMENT

STEP 1: The Nature of the Activity

Activity

Women's lacrosse – away matches

Brief Description of Activity and Equipment used

Facility: Other university grounds
 Equipment: Sticks, balls, goals, vehicles
 Activity: match played away

STEP 2: List Hazards

- | |
|--------------------|
| 1. Warm-up |
| 2. Match |
| 3. Transport |
| 4. State of Ground |
| 5. Time of Day |
| 6. Weather |

STEP 3: Assess each Hazard and determine Risk

Hazard 1

Nature of Hazard: Warm-up

Persons at Risk: Players – can sustain injury if proper warm-up not followed

Control Measures:
 1. Team leader to ensure everyone follows an appropriate and thorough warm-up
 2. This to include drills with sticks and balls so that players can 'get their eye in'
 3. Appropriate clothing to be worn

Assessment of risk

	Likely	Probable	Possible	Remote	Improbable
Fatal Injury					
Major Injury					
Minor Injury				////////////////////	
Env / Plant					

Is this risk acceptable ? yes

Hazard 2

Nature of Hazard: Match – tackling, shooting, running, discipline of opposition

Persons at Risk: Players – tackling, balls, lack of fitness; umpires – close to players and ball; spectators – ball

Control Measures:
 1. Ensure qualified umpires to control play and to discipline dangerous players
 2. Spectators to be kept off the pitch and to be made aware of the dangers of a loose ball
 3. Team leaders to ensure all players have an appropriate level of fitness to play in a match and to bring enough substitutes in case of injury or exhaustion
 4. First aid kit and trained first aiders to be at all matches if possible – where not, the health and safety policy of the venue to be known
 5. Gumshields mandatory

Assessment of risk

	Likely	Probable	Possible	Remote	Improbable
Fatal Injury					
Major Injury					////////////////////
Minor Injury			////////////////////		
Env / Plant					

Is this risk acceptable ? yes

Hazard 3

Nature of Hazard: Transport – cars, trains, buses
Persons at Risk: Players / travelling umpires / spectators
Control Measures: 1. Cars should not be over-laden 2. People should not be forced to drive if they are concerned about level of experience, tiredness etc 3. Transport secretary to ensure enough drivers to transport players safely 4. Where this is not possible, players to use bus or train 5. Club should not use drivers considered unsafe 6. All drivers to have clear set of directions

Assessment of risk

	Likely	Probable	Possible	Remote	Improbable
Fatal Injury					
Major Injury				////////////////////	
Minor Injury					
Env / Plant					

Is this risk acceptable ? yes

All methods of transport are risky to some extent. Clubs can minimise risks but ultimately, without transport, matches can't be played.

Hazard 4

Nature of Hazard: State of ground
Persons at Risk: Players, umpires, spectators – CUWLC have less control over ground conditions at other universities
Control Measures: 1. Team leaders should raise concerns at the earliest possible opportunity with opposition team if the state of the ground is unacceptable 2. Correct footwear should be worn, e.g. studded boots for players and umpires on soft ground

Assessment of risk

	Likely	Probable	Possible	Remote	Improbable
Fatal Injury					
Major Injury					
Minor Injury				////////////////////	
Env / Plant					

Is this risk acceptable ? yes

Hazard 5

Nature of Hazard: Time of day – poor light reduces vision
Persons at Risk: Players, umpires, spectators
Control Measures: 1. Matches to be scheduled so that they can be completed in proper light 2. If match start is delayed, may need to be shortened if light becomes poor 3. In bright light, players need to be careful of balls being difficult to see when looking into the sun 4. First aid kit to be on hand

Assessment of risk

	Likely	Probable	Possible	Remote	Improbable
Fatal Injury					
Major Injury					
Minor Injury				////////////////////	
Env / Plant					

Is this risk acceptable ? yes

Hazard 6

Nature of Hazard: Weather
Persons at Risk: Players, umpires, spectators – extremes of cold, heat or wet
Control Measures: 1. Appropriate clothing should be worn by everyone 2. Water and shelter should be readily available 3. First aid kit and first aiders to be on hand 4. Match should be cancelled / postponed in extremely adverse conditions, although it is recognised that this needs to be done in advance before the team has left, and that this is not always possible. Matches may be shortened instead. 5. Umpires to take particular care and be aware that players may lack concentration if very cold or very hot 6. Team leaders to ensure an appropriate and thorough warm-up is carried out

Assessment of risk

	Likely	Probable	Possible	Remote	Improbable
Fatal Injury					
Major Injury					
Minor Injury			////////////////////		
Env / Plant					

Is this risk acceptable ? yes

a) Risk Assessment completion and approval

Name:	Signature:	Date
Club Officer Completing Form:		
Club President:		
Senior Treasurer:		

STEP 4: Review

Date of Review	Describe changes to the equipment or state 'none'.	Assessor Signature	Next review due

Notes: